



High School Athletic Contest Dates



2023-24

Sport	Practice Beginning Date	Regular Season Beginning Date	Regular Season End Date
FALL			
GIRLS BOWLING	July 31, 2023	August 21, 2023	October 21, 2023
CROSS COUNTRY (B & G)	July 31, 2023	August 21, 2023	October 28, 2023
JV & VARSITY FOOTBALL	July 31, 2023	August 25, 2023	November 3, 2023
GOLF (B & G)	July 31, 2023	August 21, 2023	October 21, 2023
SWIM (B & G)	July 31, 2023	August 21, 2023	October 14, 2023
GIRLS VOLLEYBALL	July 31, 2023	August 21, 2023	October 12, 2023
WINTER			
GIRLS SP SOFTBALL	October 2, 2023	October 16, 2023	November 29, 2023
GIRLS WEIGHTLIFTING	October 9, 2023	October 30, 2023	January 20, 2024
SOCCER (B & G)	October 17, 2023	November 7, 2023	January 21, 2024
BASKETBALL (G)	October 30, 2023	November 20, 2022	February 2, 2024
BASKETBALL (B)	October 30, 2023	November 20, 2022	February 2, 2024
WRESTLING (G)	October 30, 2023	November 20, 2023	February 3, 2024
WRESTLING (B)	November 6, 2023	November 27, 2023	February 10, 2024
SPRING			
TENNIS (B & G)	January 15, 2024	February 5, 2024	April 13, 2024
GIRLS FP SOFTBALL	January 22, 2024	February 19, 2024	April 27, 2024
BASEBALL	January 22, 2024	February 19, 2024	April 27, 2024
LACROSSE (B & G)	January 23, 2023	February 13, 2024	April 5, 2024
TRACK (B & G)	January 29, 2024	February 22, 2024	April 19, 2024
GIRLS FLAG FOOTBALL	January 29, 2024	February 19, 2024	April 4, 2024
BEACH VOLLEYBALL	February 5, 2024	February 26, 2024	April 19, 2024